

# Tips and reminders for a successful trip to Florida

1. Shoes – you will be walking about 10 miles a day...wear shoes that you are used to wearing and that will not hurt your feet (forget fashion!).
2. Hydration – Drink water, water, water. Every sick kid that I have had in Florida has been dehydrated. You don't realize with all the walking that you have used fluids!
3. Sleep – ornery classmates, chaperones and band director are due to a direct lack of sleep. (Rent a hotel and stay up all night here in St. Joe, not in Florida!) 90% of our ornery discipline problems will be due to lack of sleep. Sleep on bus and in hotel! (It is difficult to sleep in the hotel with your TV on, hint, hint).
4. Be on time for everything – if just one student is late than we cannot get to our new destination. This can cause serious problems and high blood pressure for Jarvie.
5. Complaints – Jarvie doesn't want to hear them. You are going to the happiest place on earth, deal with it!
6. Rumors – do tell Jarvie and no one else. I can stop damage and keep kids out of trouble if I am aware early on of any rumors. Rumors hurt people and reputations. Let me clear up any misconception, and if there actually is a problem, then I can take corrective actions.
7. Sick on trip – tell Jarvie early. Don't wait please!
8. Bus movies – only Lion King, Finding Nemo, How to Train a Dragon, Shrek, Pirates of the Caribbean, Ice Age, Toy Story, etc. A Chaperone will be in charge of running the movies as well as the “volume”. (Many don't want to watch movie and want to converse, this is a good thing). There are many great movies, but this is a CATHOLIC school trip and our movies must be extra clean.
9. Money – you are responsible. Every trip someone loses their money. Give some to Jarvie (I will be your “bank”) if you know you are not good with money.
10. Teddy bears – you are not allowed to touch, hang, strangle, hid, etc. anyone else's Teddy Bear! Hands off other people's property (especially Teddy Bears).
11. Kissy-face – please, don't gross me out.
12. 9<sup>th</sup> & 10<sup>th</sup> girls – don't be stupid. Boys are pigs and they don't “care” about you. You will be all excited being “on your own” and getting all that attention from the boys. How cool that you now have a “boyfriend”. I'm just telling you they are dumping you the Monday we are back at school (happens every year!) Don't believe anything they say.
13. Gifts – if you are buying a “gift” for someone at Disney, do it at the end of the day! You will not be able to carry it around the park with you all day long. (Disney gifts are very pricy).
14. Carry-on for bus. Don't mess this up. You will need your medicine if you take any. Contact lens case and solution, deodorant, toothbrush and toothpaste, hair and face repair kit, etc. You will not be able to get at your suitcase once it is loaded on the bus until we get to the hotel.
15. Dates outside band – not allowed. Girls may not pick up guys that are not part of the LMC Band, and guys may not pick up girls who are not a part of the LMC Band.
16. Food – all students are required to eat something for breakfast at the hotel (it is free!). I must see each student at breakfast (best way for me to check on each student!)