

## **2016-17 LMC MIDDLE SCHOOL & HIGH SCHOOL UNIFORM DEFINITIONS AND SPECIFICATIONS**

### **Rationale**

Lake Michigan Catholic (LMC) Middle/High School has established a dress code in order to foster a sense of discipline, self-respect, and neatness among its students and to promote school spirit. The dress code is a direct reflection of the school's overall mission as a Catholic Christian educational institution dedicated to the development of the whole person. A student's dress and grooming must display modesty, respect and concern for oneself and for others, and be conducive to student learning. Upon admission to LMC, students and their parents accept this ideal and agree to abide by the dress code in its entirety. Failure to conform to the dress code, as set forth below and interpreted by the LMC administration will result in disciplinary consequences.

### **Dress Code**

**Shirts:** Only polo shirts sold through LMC's designated company ([Action Gear](#)) are to be worn. Middle School colors are dark green, light blue and white. High School colors are royal blue, banana yellow, dark green and white. Seniors may also wear hibiscus, maui blue and black colored polos. A uniform shirt must be worn at all times. Shirts must be tucked in at all times and only the top button may be undone. Only solid color white crew neck undershirts may be worn under the uniform shirt. A long sleeve shirt may not be worn under a short sleeve shirt. Turtlenecks are not permitted.

**Sweaters/Fleece:** Approved LMC jackets or sweatshirts purchased from LMC's designated company may be worn over a uniform collared shirt. A solid colored Navy, White or Maize sweater may be worn over a uniform collared shirt. No sweatshirts with hoods may be worn unless it is a spirit day. Coats are not acceptable unless approved by the administration.

**Pants:** Only solid navy Dockers style dress pants may be worn in the middle school. Only solid khaki Dockers style dress pants may be worn in the high school. All pants must have belt loops and students must wear a belt. Pants must be worn at the waist, and must be free of holes, frays and elastic hems. Cargo, denim, yoga, slim leg, or tight styles are not permitted.

**Girls Skorts:** Girls may also wear the hunter/navy plaid skort designated at Educational Outfitters <http://lansing.educationaloutfitters.com/skort-2-pleat-4083/>. All skorts are designed to be above the knee, but should never be more than 2 inches (2") above the knee. Solid white, navy or hunter green socks, tights, or full length leggings must be worn underneath the skort.

**Shoes:** Only dress or athletic shoes may be worn. Shoes must have toes and heels covered. Heel height may be no more than 2 inches (2"). Sandals, moccasins, Crocs, and slippers are not permitted. Boots may not be worn in the building from 7:45AM-3:00PM.

**Boys Hair:** Students must always be neat, clean, and well-groomed. Length of hair for young men must not extend past the top of the collar or eyebrows, or be worn over the ears. All males must be clean-shaven; beards, mustaches, or facial hair is not permitted. Sideburns below the bottom of the earlobe are not allowed. Extreme hairstyles are not permitted (no hair dyed an unnatural color, designs, ponytails, dreadlocks, Mohawks, etc.)

**Girls Hair:** Hair shall be neat, clean, and well-groomed. Extreme hairstyles are not permitted (no hair dyed an unnatural color, designs, dreadlocks, Mohawks, etc.)

**Gym Uniform:** Students must wear a shirt with sleeves and shorts that extend past the tips of their fingertips.

#### **Miscellaneous Items:**

- Hats and sunglasses are not to be worn inside the school. Those who wear such items in school may have them taken away.
- Girls may wear appropriate scarves and headbands.
- Earrings must be tastefully displayed in the ears only and all other jewelry items must be school appropriate. Body piercings are not permitted (no nose, tongue, face, etc.)
- No exposed tattoos at school or any school event.
- Males cannot wear cosmetic make-up to school.

### **Special Dress Days**

**School Masses:** Young men should wear a pressed full-button down white dress shirt with a tie and their LMC uniform pants. Young women should wear a pressed full-button down white dress shirt/blouse with their LMC uniform skort.

**Spirit Fridays:** On Fridays, students may wear any LMC spirit wear from the waist up with LMC uniform pants. "Spirit wear," consists of LMC-issued or approved outerwear including shirts by a LMC sports team, club, department, or school-sponsored activity that has been officially reviewed and approved by the administration. These shirts must be undamaged and unaltered.

**Spirit Jeans Days (Last Friday of the Month):** For \$3.00, students are permitted to wear jeans and a LMC spirit wear top. Jeans and spirit wear tops must be worn properly and must be free from tears, cuts, or holes. Jeans must be denim. No shorts, sweats, cargo, capri, yoga, or tight styles. Pants are not to be cuffed at the bottom. Shoes must have toes and heels covered.

**Dress Down Days:** On special occasions, students will be permitted to wear sweats, shorts and/or theme related outfits. Students will be notified what is allowed via announcements. All clothes must be worn properly and must be free from tears, cuts, or holes. No overly baggy, yoga, or tight styles are permitted.

**Extracurricular Events and Informal School Dances:** Clothing should be modest, clean, neat, and appropriate. Students study and behave better when they are neat, clean and modestly dressed for school. Extreme or inappropriate grooming or dress does not contribute to a positive educational, Christian atmosphere. The school reserves the right to interpret the standards above.